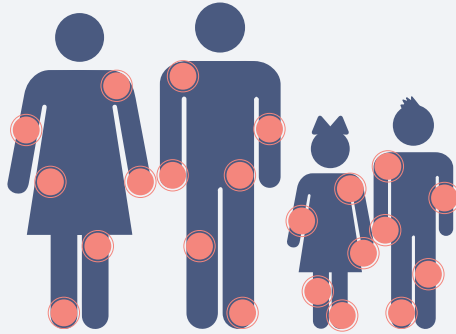


# ARTHRITIS CARE & MANAGEMENT = BETTER OUTCOMES

54.4M

U.S. adults have doctor-diagnosed arthritis.<sup>3</sup> Arthritis is most common among women and occurs more frequently as people get older.<sup>4</sup>

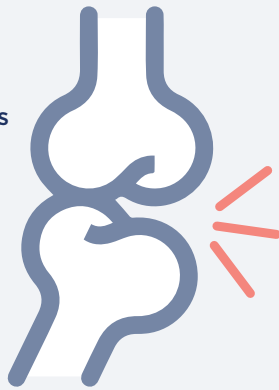


300,000 U.S. children have some type of arthritis.<sup>4</sup>

## WHAT IS ARTHRITIS?

Arthritis is a broad term used to describe 100+ different types of rheumatic, inflammatory diseases that affect joints and the tissues that surround the joints.<sup>1</sup>

COMMON TYPES of arthritis include: OSTEOARTHRITIS, RHEUMATOID ARTHRITIS, and PSORIATIC ARTHRITIS.<sup>2</sup>



## SYMPTOMS OF ARTHRITIS

Signs and symptoms of arthritis depend on the type, but often include: joint pain, swelling, redness, tenderness, warmth, and decreased range of motion.<sup>3</sup>

## ARTHRITIS MANAGEMENT



The focus of arthritis treatment is on pain control, minimizing joint damage, and improving physical function and quality of life.<sup>3</sup>

Medication options include disease-modifying antirheumatic drugs (DMARDs), biologics, corticosteroids, nonsteroidal anti-inflammatory drugs (NSAIDs), counterirritants, and painkillers.<sup>5</sup>

## COST OF TREATMENT

Arthritis treatment costs U.S. patients \$304B ANNUALLY.<sup>6</sup>



## THE IMPORTANCE OF ADHERENCE

Between 35% and 85%

of arthritis patients do not take their medications as prescribed.<sup>7</sup>

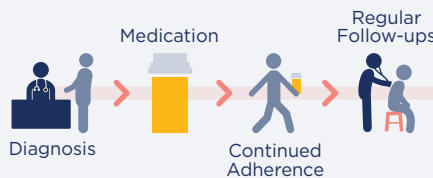
## PATIENT BENEFITS TO MEDICATION ADHERENCE<sup>8</sup>

- Lower disease activity
- Healthier, fuller life
- Higher treatment satisfaction
- Less work loss

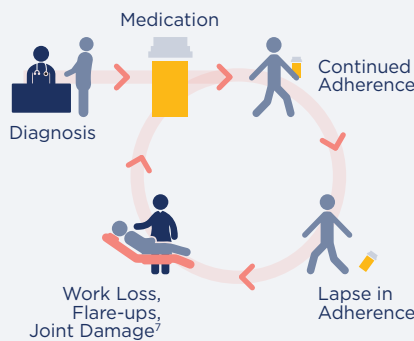
## WHY PATIENTS STOP TAKING THEIR MEDICATION<sup>7</sup>

- Belief that medication is not working
- High costs

## PATH TO ADHERENCE



## CYCLE OF NON-ADHERENCE



## ARTHRITIS CARE AND MANAGEMENT: YOU CAN COUNT ON NOBLE HEALTH SERVICES TO BE THERE FOR YOU EVERY STEP OF THE WAY.

Arthritis patients are enrolled in Noble Health Services' Clinical Management Program (CMP). This program is designed to improve medication adherence and outcomes. Patients will receive education and counseling on: their condition, proper usage of medication, dosing, side effects and management, and the importance of medication adherence.

Additionally, Noble offers co-pay assistance. We work to find available options to help ease the financial burden of arthritis medications. We strive to find the lowest out-of-pocket price available for every patient, for every prescription, every time.

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